



## What does it take to be a mentor?

- ◆ Share relevant knowledge, experience, and resources with mentees
- ◆ Identify & resolve potential issues of mentees
- ◆ Encourage mentees to improve occupational & institutional competencies
- ◆ Enhance own occupational and institutional competencies
- ◆ Exemplify value-focused behavior
- ◆ Support mentee's career planning and goal setting
- ◆ More efficient leaders
- ◆ Offer guidance, provide feedback, and acknowledge accomplishments
- ◆ Facilitate opportunity for new experiences and skill building
- ◆ Provide wise counsel
- ◆ Listen to personal & professional challenges of mentees
- ◆ Assertiveness of mentees...ask for help when needed, be fully-engaged and active listeners

## What does it take to be a mentee?

- ◆ Development of a career roadmap by identifying and clarifying current and future goals
- ◆ In--depth understanding of the mission, goals, and political structure of the Air Force
- ◆ Enhancement of technical skills
- ◆ Endowed with more responsibility to take ownership of learning and developmental needs
- ◆ Identification of leadership strengths and areas for improvement via an online assessment tool
- ◆ Opportunity to expand leadership abilities
- ◆ Enhanced opportunities for career advancement

## How do I prepare for my mentoring session?

**Mentees:** Be sure to fill out, review, and revisit your [MyVector](#) mentoring plan before every session

**Mentors:** Do the same—review your mentee's input and be prepared to provide advice, guidance, and share experiences!